A Research Agenda for Workplace Stress and Wellbeing

This insightful Research Agenda considers the current state of research into workplace stress and wellbeing and maps an innovative programme for future investigation that can advance understanding of the interrelationships between work and wellbeing.

‘The economic viability of the western industrialized world depends on the wellbeing of employees. Yet, this simple fact has been ignored for too long, and stressed-out workers are stretched to their limit – with potentially disastrous results. I congratulate the authors in this volume for giving us a much-needed agenda to deal with this issue.’
– Neal Ashkanasy, University of Queensland, Australia

‘In this book, some top occupational health researchers take a forward look at where research on workplace mental health and wellbeing should go in the future. It provides a practical perspective in noting the important issues needing investigation and the solutions that will be necessary to deal with those issues.’
– Paul Spector, University of Southern Florida, US