Mounting scientific evidence generated over the past decade highlights the significant role of our cities’ built environments in shaping our health and well-being. In this book, the authors conceptualize the ‘urban health niche’ as a novel approach to public health and healthy-city planning that integrates the diverse and multi-level health determinants present in a city system.

‘Our cities’ built environments shape our health and well-being, and Sarkar, Webster and Gallacher conceptualize the “urban health niche” as an approach to public health and healthy-city planning. The book is of practical use for those involved in public policy, public health and urban planning. The text also has a place in academia as a good foundation for new research being done by epidemiologists, urban planners, economists, and sociologists.’

– Sheryl D. Landry, International Social Science Review