



Handbook of Research on Work–Life Balance in Asia

New Horizons in Management series

Edited by Luo Lu, Distinguished Professor, Department of Business Administration, National Taiwan University, Taiwan and Professor Sir Cary Cooper, Alliance Manchester Business School, University of Manchester, UK

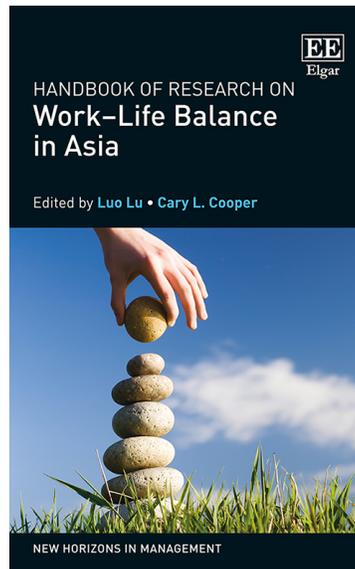
In Asian societies, work and family issues are only recently beginning to gain attention. The pressure of rapid social change and increasing global competition is compounded by the long hours work culture, especially in the Pan-Confucian societies such as Mainland China, Hong Kong, Taiwan, Singapore, Japan, and South Korea. Furthermore, with the rising female labor participation, more and more Asian employees are now caught between the demands of work and family life.

‘With the rapid growth of Asian economies and growing work, family and personal life demands, this book addresses a critical topic. The well-being of societies, families and workers is of increasing social and economic importance. The book will be a valuable addition for anyone who wants to understand the similarities and differences in how work-life dynamics are unfolding across Asia.’

– Ellen Ernst Kossek, Purdue University, Krannert School of Management, US

‘Through its focus on work–life balance in Asian societies this much needed collection, edited by Luo Lu and Cary L. Cooper, addresses a significant omission in the field. Since the 1980s, research on the balance between employment and family commitments has grown massively. Yet most studies are based on Euro-American samples. The Handbook of Research on Work–Life Balance in Asia shifts this emphasis on Europe and the USA, mapping how work–life balance is negotiated within Asian societies such as China, Japan, South Korea, Malaysia and Vietnam. It offers state-of-the-art views on how work–life balance in Asia is experienced from a range of angles: individual, organizational and societal. In so doing, it contributes important new perspectives to the work–life balance field.’

– Caroline Gatrell, Lancaster University Management School, UK



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