Handbook of Research on Stress and Well-Being in the Public Sector

Research Handbooks in Business and Management series

Edited by the late Ronald J. Burke, formerly Professor Emeritus, Schulich School of Business, York University, Canada and Silvia Pignata, Senior Lecturer, School of Engineering, University of South Australia, Australia

This timely Handbook addresses the concepts of stress and well-being among workers in various public sector roles and occupations across the globe. Emphasizing the importance of well-being and stress prevention initiatives in ever-changing workplace environments, this Handbook highlights successful organizational initiatives and provides insight into best practice for promoting healthy employees and workplaces. Containing contributions from leading international experts in their respective fields, the contributors hope that this multi-disciplinary Handbook will help to enhance the health and well-being of public sector employees.

‘This Handbook should be commended for its international representation of public sector employees who tend to be undervalued and frequently occupy high stress jobs. The attention to negative health and well-being effects associated with high stress occupations, especially first responders such as fire, police, and healthcare is a major contribution to scholarly works in the organizational sciences. I expect that this edited volume will broaden understanding of the strategies for reducing workplace stress, leading to improved safety, health, and well-being outcomes for public sector workers.’
– Leslie Hammer, Portland State University and Oregon Health and Science University, US

‘An outstanding piece of work. The book is well written, very readable and entertaining. Its topics are comprehensive and diverse, encompassing employees across a variety of public sector roles and occupations. Lessons learned are translated into practical guidelines for interventions and organizational change. This very interesting book will be an important resource for both researchers and students interested in the area of occupational stress and well-being- a great read!’
– Jan de Jonge, Eindhoven University of Technology, the Netherlands

‘This book brings together an international group of top researchers to explore occupational stress in the context of the public sector. It explores what might be unique about a wide range of settings including education, first responders, health care, and social services. This book debunks the view of public employees having an easy time by underscoring how some of the most stressful jobs can be found in the public sector.’
– Paul E. Spector, University of South Florida, US