



Research Companion to Organizational Health Psychology

New Horizons in Management series

Edited by Alexander-Stamatios G. Antoniou, Associate Professor of Psychology, National and Kapodistrian University of Athens, Greece and Professor Sir Cary Cooper, Alliance Manchester Business School, University of Manchester, UK

This timely Research Companion is essential reading to advance the understanding of healthy behaviours within working environments and to identify problems which can be the cause of illness.

Containing both theoretical and empirical contributions written by distinguished academics working in Europe, North America and Australia, the book covers leading edge topics ranging from current theories of stress, stress management, and stress in specific occupational groups, such as doctors and teachers, to the relationship of stress with well-being. It provides systematic approaches towards practical actions and stress interventions in working environments and a solid theoretical framework for future research. It will be an essential companion to research on psychology and medicine as well as stress.

'Supported by 72 distinguished contributors from over 50 different institutions, this book, based on theoretical contributions as well as empirical reports and reviews, provides an in-depth and multi-faceted perspective on contemporary issues related to stress, mental and physical health in various domains of employment. . . this well-organized volume constitutes a detailed and comprehensive work with a scope and depth that will satisfy the most critical. As such, it serves as a more than valuable source of reference to occupational health science for students and professionals alike.'

– Dirk Luchtman, Stress and Health

'This volume provides systematic approaches for practical actions and stress interventions in various working environments. It also provides a theoretical framework for continuing and future research and is an important adjunct to research in psychology, medicine, and stress. It is a useful and informed volume that can be a good companion for both research and practice.'

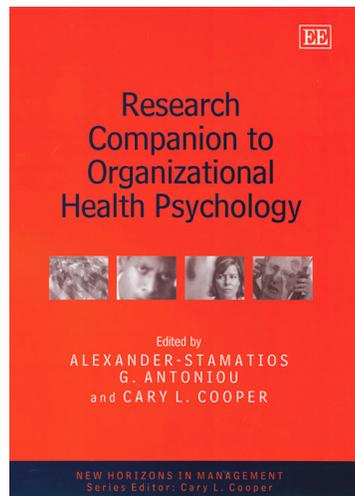
– George W. Doherty, PsychCRITIQUES

'In the book edited by Antoniou and Cooper, 72 academics and professionals from over 50 institutions in Europe, North America and Australia provide papers aimed at increasing our understanding of the conditions for more creative and healthier jobs in modern workplaces. . . I believe that this volume will provide stimulating reading for academic and postgraduate student audience of psychology and medicine.'

– Mika Kivimäki, Psychological Medicine

'The 72 distinguished contributors from over 50 different institutions provide a multifaceted picture of an important area mainly to an academic and post-graduate student audience of psychology and medicine. I am pleased to recommend it for perusal, implementation and evaluation.'

– From the foreword by Lennart Levi, Karolinska Institute, Stockholm, Sweden



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