



## Workplace Psychological Health

### Current Research and Practice

New Horizons in Management series

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This insightful book provides a comprehensive overview of modern occupational health psychology, collated by leading international academics. The authors offer timely and expert discussion on core themes in this rapidly developing, state-of-the-art field.

'Workplace Psychological Health is a thorough overview of what psychology has to tell us about maintaining mental health in the workplace. . . An objective, studious and thoughtful resource, enhanced with an exhaustive list of references and an index, highly recommended especially for psychology and college studies shelves.'

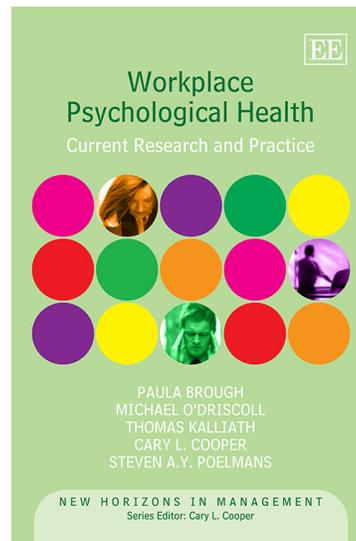
– The Midwest Book Review

'Written by a renown group of international scholars, Workplace Psychological Health is an in-depth look at the newly emerging field of occupational health psychology. The book provides a comprehensive overview of workplace issues concerning employee health, safety, and well-being. The book integrates the major research areas of occupational health, safety, work-family and health. It would be a good source for researchers, students, and others looking for a thorough introduction to occupational health psychology.'

– Paul Spector, University of South Florida, US

'Describing organisations as "ever changing" or "increasingly pressured" has been allowed to become a cliché. It is refreshing, therefore, to find a book which coolly and objectively reviews the psychological health issues in today's workplaces. From perennial problems such as occupational stress and job satisfaction to the contemporary issues of work addiction and the psychological impacts of email and the internet, this book makes a valuable contribution to the debate about the duty of care every employer has to their people in the 21st century.'

– David Fairhurst, McDonald's Restaurants Northern Europe



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